

The impact of an educational program for people with mental disabilities to develop some thinking skills and learn the skill of dodging football for students

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Search summary

The research aims to: - 1- preparing a football education program for people with mental habits.

2. Knowing the impact of the educational programme for people with mental habits in developing some thinking skills and learning the skill of evasiveness for students.

Researcher 1- The educational program for people with mental habits assumed a positive impact in the development of the flexibility of thinking for students.

2. The educational programme for people with mental habits has a positive impact on learning the skill of dodging football for students.

The researcher used the experimental curriculum to suit the nature of the research, the research sample was formed from the 26students (students andthe program took)

16(learning unit by two units per week, the researcher concluded that the educational program has a positive effect in developing the flexibility of thinking and learning theskill of evasiveness in students and recommended the researcher the following: - 1- development of creative thinking for all stages of preparatory because of its role in the process of learning motor skills. 2- Develop educational programmes that mimic mental habits when teaching basic skills in football.

1. Introducing research

1 Introductionand the importance of research

That the research is still in place and continuing in the field of motor learning with the multiplicity of methods and methods used in this to find the best scientific means in the service of the sports movement as mental abilities can be of great value through the use of modern scientific methods, which requires the use of modern methods that will aim to raise the level of the learning process, and since the main goal in the educational process is to communicate information and knowledge to the student in a way that ensures the achievement of goals, It has become important to use modern educational programs that take into account mental, creative and cognitive abilities through the use of mental habits as intelligent mental behaviors to develop thinking in humans, who uses the habits of the mind can continuously develop his mental abilities and achieve a high degree of access to the essence of things as the benefit of learning is the use of the habits of the mind which is to

increase activity, focus and sports responses, The players' mental, physical and skill abilities in offensive tasks are prepared by using the creative mind by generating a list of creative ideas that lead to the development of alternatives to good and quick solutions for all situations that the player passes through, so the flexibility of thinking is an important capabilities that develop the skillful performance of sports in general and football in particular.

1.2 Search problem:

Thinking is one of the important factors in achieving the best level of performance and achieving success for various sports activities, including football, scientific planning of educational programs is an effective means that leads to the advancement of players and teams in all sports, especially football, which is still in Iraq and for all ages face many obstacles that hinder the course of the game, due to several reasons, including the failure to use legalized educational programs that mimic mental processes and lead to their development, which These mental processes can be used to learn and master basic skills in football, and from this point of view the following question can be asked: -

1- Does the educational program for people with mental habits have an impact on developing the flexibility of thinking and learning the skill of dodging football for students?

3.1 Search objectives:

- 1- Preparing a football education program for people with mental habits.
- 2- Find out the impact of the tutorial for people with mental habits in developing some thinking skills and learning the skill of dribbling for students.

1-4 Search hypotheses:

- 1- The educational program for people with mental habits has a positive impact on the development of the flexibility of thinking for students.
- 2- The educational program for people with mental habits has a positive impact in learning the skill of dodging football for students

1-5 Areas of research

1-5-1 The human field:

Fifth grade preparatory preparatory for boys / Khanaqin district / Diyala province.

1-5-2 Temporal field:

20/10/ 2019 to 10/12/2019

1-5-3 Spatial area

Khanaqin Preparatory Square for Boys / Khanaqin District / Diyala Province.

2 - Research method - The researcher used the experimental method to suit the nature of the research

2-2 The research community and its sample:

The selection of the sample is always related to its representation of the original community from which the sample was taken and the possibility of circulating its results to the

community from which it was selected, where the research community consisted of fifth graders for the schools of the district of Khanaqin, but the research sample was selected in the deliberate way, namely the students of the fifth grade literary to prepare suffocating for the boys, 26(

Shape) 1(

Experimental search design

To difference between Two remote tests Group N	For a difference between testing Tribal and later	Remote test	Independent variable	Tribal test	Groups	Classification test	Group
		Experimental group higher habits	Tutorial	And evasiveness. And the flexibility of thinking.	Experimental group higher habits	Mind habits	Group Experiment
		Experimental group minimum habits	Tutorial	And evasiveness. And the flexibility of thinking.	Experimental group minimum habits	Mind habits	

2.3 Means of collecting information

The researcher used the necessary and necessary means as follows:

1 Arab and foreign sources

2 Measure of The Mind Habits of Costa and Kalik

3. Torrance's Creative Thinking Test

2-3-1 devices

1 - Video camera 2 - ground balance 3 - electronic stopwatch

2 - 3-2 tools:

Whistle, hoops, height tape, flags, balls.

2 4 Equal groups:

In order to be able to return the assignments to the experimental factor, the control and experimental groups must be fully equal in all circumstances and variables except the experimental variable that affects the experimental group without control (Manal Abdul Majid),1995P:Y35(0 Therefore, the parity between the two groups was carried out in the shooting and receiving skills test using a law) t – test(Which showed that there were no moral differences between the two groups in the two skills mentioned as shown in the table) 1(.

Table 1(shows the parity of the two experimental groups in the research variables

Significance Statistics	Value Calculated	Group Experimental for lower habits		Group Experimental for higher habits		alone a Al , Qayyya Q	Variables	to
		on	Q	on	Q			
Uneconsced	0.88	1.0 6	6.30	1.1 3	6.69	degree	Flexibility Thinking	1
Uneconsced	0.65	1.8 7	7.61	0.9 2	7.22	degree	Prevarication	2

(t) Scheduling)2. 06(, indication level) 05,0(, degree of freedom = 24)

2-5 Select the two search groups:

For the purpose of identifying the two experimental research groups, the researcher sought to adopt the mental impairments of Costa and Kalik, which are translated into Arabic. And codified by the conduct of the scientific foundations of the test, which contains four alternatives per paragraph, the model of the research ingested by the group of men and the specialists and approved by 100% (for its validity the subject of research, the bass research ing of the research eyes on Tuesday, 9/10 /2019, For the purpose of avoiding the mental habits of the hands of the thalap, and to avoid the results of the development of the maqayas, the blind ness of the eyes is very high, as it has gone beyond a (n)12(students with high mental habits and)14(students with lower mental habits).

2-6 Tests used in the search:

I'm still going to be able to do that. To abort the tests of the research variables, as he chose three tests for each variable, and presented them to the enemies of the news, and complete the conclusions on them by 100%, "and mostly the researcher needs only the hiding or the loss of the hiding of the values of the changes of research, especially related to the phenomenon to be measured, the researcher must select tests that work on the measure of what is to be measured" (Jaber Abdul Majid and Ahmed Khaqi Assam 270, 1973, and here comes a detailed viewer for each test.

1. Torrance's brain flexibility test:

After informing the researcher of a number of tests related to the flexibility of thinking. The Torrance scale for measuring the ability to flexible thinking (Annex 1), expressed by Sayyid Khairallah, 10-12, 1974, is the appropriate measure for the current study, as this measure has been prepared in the Arab environment and has already been used in Arab and local studies, and this test consists of two parts:

Section 1: Taken from one of Torrance's batteries for thinking about the alphabet known as the other section: Barrons Tests of Anagrams, the first section includes four sub-tests:

أ . Uses: In it, the testers are required to mention as many uses as possible, which are considered by unusual uses of the tin box and chair so that these things become more useful and important (the time of each unit is 5 minutes).

ب . The consequences: in which the tester is asked to state what would happen if the system of things changed and became in a certain way and this test is made up of two units:

- What happens if man understands the language of birds and animals?

- What happens if the earth is dug so that the hole appears on the other hand? (5 minutes per unit time)

C- Positions: In which the tester is asked to see how he behaves in some situation, the test consists of two positions:

- If you hire a cash officer at the club and a member of the club tries to get into the thought of colleagues that you're dishonest, what are you doing?

- If all schools do not exist at all (or even cancelled) what do you do to become educated? The time of each position is five minutes.

D- Development and improvement: In it, the tester is asked to propose several ways to make some of the things familiar to him better than bicycle and ink pen. (The time of each unit is 5 minutes) and the other section is used to compose words and consists in its Arabic form of two words (democracy, benha) and the researcher changed the word (benha) to the word (Diyala).

2- Dodgy test:

Test the player's movement with the ball by performing evasiveness and passing on one side

Purpose of the test: dodgy test

After the researcher was informed of the sources, he did not find a codified test to measure the skill of evasiveness(deception)

The researcher took the opinions of experts in the field of football and tests and after informing the researcher about the test conducted by the researcher (Nebras Kamel Hidayat, 69, 2004)

The researcher adopted this test, which was the design score of 10 degrees as the player performs the skill of dodging with the presence of a constant defender for the whole group.

Description of performance: As the player moves from point (a) to point B (with the performance of the dodgy movement) deception (with the ball and on one hand when facing the opponent) defender (himself for all players and after the completion of the performance of the movement the performance evaluation is evaluated.

2-5-1 Sincerity tests:

The researcher relied on that virtual honesty, and this type of honest man man Khalal opposed the hiding of Torrance on a group of experts and specialists in the field of educational psychology and the science of sports psychology, measurement, evaluation, motor learning and training to establish the validity of the scale and suitability of the current sample and led naal their approval by) 100%(.

2-5-2 Test stability:

Stability represents the second necessary and important factor after the first factor honesty, and stability is a statistical concept, which means "measurement tools should be of a high degree of accuracy, mastery and consistency in the data provided to us on the conduct examined") Faisal Abbas, 28, 1996, where the researcher applied stability in a method of retesting on a sample of ten students from the research community, After the re-test, the correlation coefficient (flexibility of thinking and evasiveness) appeared high and as shown in table 2(table) 2(

constancy	Self-honesty	Scale	to
0.95	0.97	Flexibility of thinking	-1
0.94	0.96	Prevarication	-2

3.5.2 Objectivity of the two measures:

It means objectivity in calculating the degree, and since the grades of the tests are not different from two correctors, therefore the test is considered objective and to increase the confirmation the researcher distributed five forms to five correctors and then distributed the same forms to five correctors and the relationship between the two results was extracted and the correlation between the two results was complete 1.00(**) So the two tests are objective, so the scientific foundations have been achieved

2.5.3 Reconnaissance experiment:

In order to ensure the clarity of the test instructions and the clarity of its paragraphs for students, and to get acquainted with the application of the students and what is in the way of the students of the main research sample and from the same stage of study were randomly selected, this experiment has shown that the test instructions and its paragraphs are clear and that it is valid for application on the two research groups

3-5-4 Test correction method:

Each test is estimated to have four scores on each test:

B. Flexibility of thinking: Measured by the ability to vary the answers that are in line with the life of Ahnah, the more the number of different answers increases the degree of flexibility for the first section and is measured in the above-mentioned Qassam, I mention the greatest of the usual man words that have a understandable meaning.

Dr. Total Grade: Is the product of the collection of degrees of intellectual fluency, automatic flexibility, wi-fi and testing classes.

The researcher adopted in calculating the grades of the members of the two groups (upper and lower) in the test

1. Calculating the degree of flexibility of disassembly: it gives a degree and a sharpness to all the thoughts that belong to any one life square (industry, agriculture, trade, politics) no matter how many, and thus make the students flexible in the number of fields that we find in their answers to each paragraph.

2-6 Tribal test of the search sample:

The researcher conducted the tribal thought of the genocide by using the Taurans Fay 10:00 a.m. on Sunday,13/10/2019(on the members of the searchsample.

2.7 Application of the program:

The application of the program was initiated by the beginning of the study separation 20/2/2011 by giving an introductory unit to the program through which the students were introduced to the vocabulary of the program and its objectives and importance Faye The pilot of the collapse of their hands, as well as the chemistry of sayer al-Adras and the organizational janab, he suffered from the role of teaching and student in the lesson. and in the second week, the first educational unit was applied(Supplement 2)Man program to thetwo experimental research groups.

2.8 Remote test:

After completing the application of the tutorial on the two experimental research groups of students, the procedure of conducting remote tests

The response forms were then collected for the garnet and plating of the results.

2.9 Statistical means:

Hasabi broker, persason's deviations, persason's parameters, the effects of the sisters, the hiding (t) of two symmetrical samples, test (t) of two separate samples.

Presentation, analysis and discussion of results:

3.1.Presenting and analysing the results of the differences between tribal and remote innovations of the experimental group:

The results of the disappearance of the flexibility of the dismantling and the evasive, tribal and remote deviations of the experimental group of the students were extracted. The tribal and remote tests of the variables mentioned have been used legally (t).

Table) 3(

Mathematical circles, standard deviations, the difference between circles and the rate of development of tribal and remote tests of the experimental group show higher habits.

Percenta ge of evolution%	The difference between circles	Telemetry		Tribal measurement		unit scaling	Variables	to
		on	Q	on	Q			
%42.65	3.08	1.96	10.30	0.92	7.22	degree	Prevarication	2
%32.30	3.69	2.88	14.95	2.56	11.30	degree	Flexibility of thinking	3

Table) 4(

Shows the values of the calculation circles of differences and the total boxes of deviations of differences from the average of those differences and the value of

(c) Calculated and scheduled and indicative of the differences between tribal and remote testing in the flexibility of thinking and evasiveness

Significance	Value		2 p	S.F.	unit scaling	Variables	to
	Scheduling	Calculated					
Moral		8.32	22.2	3.08	degree	Prevarication	2
Moral		8.2	32.05			Flexibility of thinking	3
				3.69	degree		

Value (t) table) 2. 17(at the indication level) 0. 05(and freely) 12(

Table 5(shows mathematical circles, standard deviations, difference between circles and rate of development of tribal and remote tests
 For the experimental group, minimum habits.

Ratios Development	The difference between circles	Telemetry		Tribal measurement		unit scaling	Variables	to
		on	Q-	on	Q-			
%6.83	0.52	1.18	8.13	1.87	7.61	degree	Prevarication	2

Table) 6(

Shows the values of the calculation circles of differences and the total boxes of deviations of differences from the average of those differences and the value of
 (c) Calculated and scheduled and the differences between tribal and remote testing are minimum customs

Significance	Value		2 p	S.F.	Grade	Variables	to
	Scheduling	Calculated					
Uneconsced		1.04	40.22	0.52	degree	Attention distribution	2
Uneconsced		1.16	40.01	0.58	degree	Attention-diverting	3

3- 2 Discuss the results

3.2.1 Discuss the results of the differences between the two groups the upper and lower customs of each group in the variables in question.

Through table 6-4(it was found that there were moral differences between the four groups in theremote test of flexibility of thinking and the skill of the desire, as the error rate was below the level of significance and the amount) 0. 05(Through the detection of differences, the researcher attributed these differences to the program prepared by the researcher, which contributed significantly to raising the level of flexibility of thinking among students because the program gave space for students to participate in the lesson contrary to the traditional American method, which is the teacher is the focus of the lesson and that therecipients are executors of orders, which contributes to increasing boredom and lack of desire to participate in the activity through the above we can say that modern and non-traditional programs have a clear impact on the The way of thinking of the recipients as the experiences obtained by the player are motivating the mind to help activate it and make creative ideas flow in the recipient because of the lifting of the restrictions that he was raised on and this is what the results showed as the experimental group with both higher and worldly mental habits is the best in testing the flexibility of thinking and evasiveness and this was confirmed by (Emad Zaghoul, 4.5, 2002(The

nature of the environment in which individuals arise affects the development of their flexible thinking abilities. Individuals who grow up in rigid environments characterized by bullying, criticism and lack of freedom to express thought and opinion are less able to be flexible to think, balancing the individuals who create in environments based on encouragement and support for them, there are tolerant families that deal with their children with some complete tolerance and changing respect and work to create the right environment to provoke mental aspects. "The development of creativity requires us to develop the capabilities or components that allow a person to understand the situation, and to visualize what he can do and how to modify and change his behavior in accordance with the requirements of that situation, the more knowledge, experience and skills he acquires during the learning process, the wider he will have new behavior patterns that will allow him to be correct and meaningful, This is due to the program applied to the two pilot groups that helped students reorganize the information stored with them and their compatibility in such a way that they can see new things that they did not know before, which means that the level of learning among students led to a good stage " as every skill we learn has a motor program stored in the brain and the more we use this skill the more accurate and clear the motor program, And that repeating this program more than once will reach the student to perform the skill in a way that I, but the skill of evasive and the researcher attributes these differences to the educational program prepared by the researcher, who was credited with raising the level of the sample that this is due to the effectiveness of skill exercises to develop the process of learning and reach the learning degree of skill during the learning period that was dealt with in a systematic and scientific way studied to raise the students to reach the required level besides that these Exercises develop the student's flexible thinking skills by repeating performance in different and varied conditions, which led to the occurrence of learning in the members of the experimental sample. The student has improved his performance with tangible doubt and clearly and has eliminated most mistakes and has the ability to master some aspects of motor performance through his use of exercises "by relying on the characteristic that distinguishes the educational unit which is exercise and therefore builds the amount of learning and performance development and mastery) Schmidt, 286, 1991 (, as the process of building the exercise needs to control the amount of control by giving exercises and controlling the way they are given as a result of dealing with the type of exercise and how to explain this Exercise as well as clarification and presentation that gives a knowledge idea at the beginning, Dan (1999 (quoted) Qasim Zam Sabra, 188, 2005 ("Our goal is to develop the performance of the skill by practicing skills several times but the beginning must be correct to practice the right performance because most beginners tend to exercise a lot at first and they have a level of sensitivity and do several attempts) Qasim to commit patience, 190, 2005 , and by giving skill exercises continuously and good repetition can learn skill as giving short-term solutions and procedures special importance for the issues of exercise and movement after every work entrusted to the learner, as the skill of evasiveness is one of the basic offensive skills in the game of football and the skills that the player appears to be a skilled player as it requires high physical, skill and mobility in order to master it because this skill leads to ball so need a high sense of performance as it requires a high sense of performance Zuhair al-Khashab and Mohammed Khader Asmar1999,as the researcher points out that the educational program and through dodgy exercises has developed the factor of self-confidence and also helped to learn the skill of evasiveness because this factor is very important during the process of education "in order to control deception and evasiveness in general the player

must be in good psychological condition and control his movements and thinking (Hanafi Mahmoud Mukhtar, 2001, 1994).

4- Conclusions and recommendations:

4.1 Conclusions:

In the light of the study's findings, the researcher concluded:

- 1- The educational program for those with mental habits used in the current study has a positive impact on the development of the flexibility of thinking and learning the skill of dodging football for students
2. The program in the control group was the least effective in developing creative thinking, learning my dodgy skills and scoring football for students.
- 3- Diversity of exercises in the educational program for people with mental habits helps to develop creative thinking and learn basic skills in football.

4-2 recommendations:

In light of the findings of the researcher, he recommended the following:

- 1 - Develop creative thinking for all stages of preparatory because of its role in the process of learning motor skills
- 2 Develop educational programs that mimic mental habits when teaching basic skills in football.

4- Attention to the strategies through which educational units are provided when teaching students the skills of sources:

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