

Socio-psychological factors of family stability in Uzbekistan.

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***ABSTRACT**--This article describes the problems aimed at studying the state of social-psychological factors affecting family stability in Uzbekistan the practical work carried out in this area and their scientific justification.*

***Keywords**--Socio, psychological, factor, family, stability, Uzbekistan.*

I. INTRODUCTION

It is well known that as humanity and society evolve, individuals themselves and their interactions with each other, and especially the most intimate, closest family relationships between individuals, become more and more sophisticated.

At a time when there is a growing threat to our society, human development, and the prospects for our independence, there is a growing threat to economic, social, political, environmental, internal and external factors. A state that requires urgent and very urgent approaches is a matter of government.

As our President SH. M.Mirziyoyev noted, “The main purpose of the family is to strengthen the foundations of family, to create an atmosphere of peace, harmony and mutual respect in the homes, to carry out spiritual and educational work with a clear meaning”.

Family psychology literature distinguishes the following functions of a family - its functions before society: The emotional and emotional function of a family is the preservation of certain warm relationships among its members, such as kindness, mutual care, mutual support, love, affection. ability to demonstrate. This is very important for the family and how the mental health of a person depends on how they perform this task. The spiritual and psychological environment of a family is generally understood as the warmth, truth, mutual tolerance, and positive feelings of humanity.

II. MAIN PART

The successes in creating a new, democratic family in Uzbekistan are without a doubt. But creating a new family is not an easy task. Although divorce rates have declined in recent years, this is still a significant amount. There are still many troubled families. All of this has a negative impact on the upbringing of children, as well as on the labor and social activity of men and women. Society cannot be indifferent to such events. One of the most important foundations of a strong family.

From the earliest times our ancestors have paid much attention to family and marriage relations and upbringing of children. Living, economy, construction, building relationships, relationships with distant neighbors, as much as they paid attention to the physical and mental health of their children. The role of the woman in family

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and society, the criteria for dealing with men, all of them from the earliest times are defined by clear rules, and these principles are deeply observant and based on justice.

One of the scientists who systematically imagined family life and studied the psychological features of it was American researcher Virginia Satire (1992, 2000). It uses the following concepts to describe family life: family energy, family systems, boundaries, and functional characteristics. In doing so, he attempts to introduce a technological methodology to a biologically-based social institution.

Ancient Zoroastrianism has also been specifically mentioned in Avesto in family games, marital relations, the role of women in society, and the role of the mother in the home. There were also a number of laws to prevent family conflicts and divorce.

The "Vendid" section of Avesto's prose descriptions extensively focuses on the maintenance of family integrity, marriage arrangements, the couple's obligations, the reasons and conditions for dissolution of marriage. It is noteworthy that in the Zoroastrian tradition, the consent of the girl, even when it was puberty, was at the command of the community and parents.

III. RESULTS

Psychological studies show that individuals have enough experience to form new families, both positive and negative. E. According to Bern, childhood is a place where life is influenced by parental influence and life vision.

It is the most sacred school that teaches our children life sciences. In order for the spirituality to grow to the heart of the human heart, it must work with the soul and the mind and conscience

Family effectively influences the child's self-awareness and national consciousness, not only the moral values of the child. "Human rights and interests - family values".

This principle, which is considered as one of the priority tasks of the state policy, is embodied in the traditions of our Eastern traditions thousands of years ago. The respect of the family as an essential part of society, the kindness of family members, respect for elders, respect for the younger and the protection of human rights are at the core of our national traditions.

According to statistics, the Women's Committee of Uzbekistan, analyzing the underlying causes of family disruption, recorded 16,449 family divorces in the first half of 2018.

In the current era of reforms in all areas, great attention is paid to families. First President of the Republic of Uzbekistan Karimov has declared the Year of Women, the Year of the Child, the Year of the Family, the Year of Healthy Generation and the Year of the Elderly, and paid great attention to women, children, families and respected seniors.

As our people say, "There is no pleasure in the house. This means that a healthy family environment is likely to have a negative impact on the upbringing of children, as well as on the productivity of their work.

Communication within the family environment is a daily communication between family members about everyday issues. Because, recognizing the value of radio, television, newspapers, magazines, fiction and scientific literature in the development of human behavior, it is important to note that the impact on face, the significant words and emotions expressed on the face and eyes of the person is irrelevant. Therefore, when a child needs to

explain what is needed, parents can read through the face and face, with the help of psychologically analyzed extra and paralyzing means, and this is the most effective communication.

The main and most important requirement of today is to prepare young people for marriage, to explain to them how sacred the family is, and that a small country, called a family, should be ruled by a man, a woman, a minister and a woman. The centers of social and psychological services dealing with the problems of children and adolescents are mainly working with them in diagnostic and psychocorrectional directions.

Diagnostic work includes the following tasks: 1. Determining the underlying causes, retreats, and their underlying causes by the methods of diagnostics; 2. Problems identified in the process of normal child development and work on their elimination; 3. Pathologies in the child's mental development and their partial elimination, the causes of their occurrence to parents, and joint measures to help the child.

This is reflected in the discussion of the Code of the Family, based on the Oriental traditions of our independent country, the historical experience of our people.

According to Article 8 of the Code, in the absence of relevant norms regulating family relations, the local customs and traditions may be used, which do not contradict the principles of the legislation of the Republic of Uzbekistan.

"Relationship, in-laws and in-laws" (Chapter 9, Chapter 57). This code brings enlightenment and commitment to the lives of families, and has come to our hearts, as proof that every citizen of Uzbekistan is a father, the sacred duty of maternity, the golden foundation of our independent homeland.

IV. DISCUSSION

The family does not have a powerful role model as a parent in raising children. In Imam al-Bukhari's 'As-Saheeh al-hadith', the Prophet Muhammad said, "In addition to honoring your children, do good manners!" And it is not without reason that the hadith says, "The best of what is given to a believer is good behavior."

When a man and a woman are in harmony, there is wealth and harmony between them; If you are smart, you need to be disciplined and well-off - your health is tidy and well organized. "(A. 37, "Mahbub-ul-Kulub")

The formation of moral values in children and adolescents, training them to be just, and most importantly, teaching honesty is our most important task. Thus, positive or negative traits in a person are formed within the family. "The bird does what it sees in the nest," says the wise man.

Imitating and imitating the child's development takes place primarily in the family. Children are of different character in the family. Differences and shortcomings are also present in the daily activities of the family, and not everyone can be patient and patient.

The psychological features of the book are that our children strive to be the best, and the great characters, the great commanders, the philosophers and the like, thrive.

In Uzbek families special attention is paid to girls. Parents and relatives have been caring for the girl from infancy with a bad eye and a word that will keep her from dying.

We are a people with dreams. We look to our hearts for the hope that our boys and girls will be inferior. Of course, in some cases, we are indifferent to the fate of young people, thinking of our own free will, which can ultimately have a negative effect on their future lives.

The most common disadvantage in our lives is the premature divorce of young girls, or the marriage of boys to one of their relatives, without giving them any lessons about life, that is, their unpreparedness for family life, the economic and social difficulties that can be overcome. Today, some parents also have an influence in divorced families.

- Some mothers advise their married daughters that they should keep their family superior and not give up on their husbands and mother-in-law.

They say that they serve their parents-in-law from morning till evening, and they support a big family.

- They do not always say "well," but they do not.

- intervene in the relationship of the girl and the groom,

- they are very involved in the girl's family,

- they poison their girl, who always comes up with her thoughts.

- they say that they remember the horn and say it correctly.

- in material shortcomings, in particular: violates human interest, saying that it cannot be here.

- some girls have a negative attitude towards premarital family life, mother-in-law, brother-in-law relationship.

One of the reasons for divorce in Uzbekistan is the fact that the marriage between father-in-law and the bride. Therefore, one of the ways to prevent such situations is psychological training of young people (boys and girls) in family relationships, and the second way is to increase the involvement of the public by introducing educational institutions such as Family lessons, Parents University. - to teach parents how to communicate with bride and groom. Mass media and popular brochures play an important role in this.

"The family contributes to the human life, the family brings happiness, but every family, especially in an independent society, is above all a state affair" - AS Makarenko. Moscow. Pedagogy. 1963

The purpose of this resolution is to emphasize the importance of family in the development of a spiritually mature and physically healthy generation, to preserve the rich and meaningful national traditions of the family, their harmony with universal values, the deepening of family and marriage sanctity, Coordination of scientific research on issues of raising legal literacy of family members and coordination of practical assistance to citizens in these issues.

The education of the young generation has a positive impact on the formation of national values, traditions and new social relationships. When educating young people in the spirit of national traditions, it is advisable that families, schools and communities work together:

- Coordination of family and community activities in bringing up children in the family in accordance with national traditions.

- Diagnostic methods of problems, retreats and their underlying causes of mental development of the child.

- It would be desirable if the pathologies of the child's mental development and their partial elimination, the parents of the causes of their occurrence, and the joint measures to help the child be identified.

V. CONCLUSION

It is worth noting that over the years of independence Uzbekistan has made a lot of efforts to strengthen the institution of family. First of all, a legal basis for improving family and marriage relations has been created. The 1998 Family Code regulates all aspects of this relationship.

Because the stability and stability of the family directly depends on the health of its members and on the psychological readiness of parents, there are certain mechanisms in our country.

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