

YOUNG PEOPLE ARE INCREASING A SPIRITUAL CULTURE PLACE OF NATIONAL MENTALITY

¹Mamanov Jamoliddin Abdurakhimovich

ABSTRACT--*This paper makes analyses of the young people are increasing a spiritual culture place of national mentality. Therefore, analyses of the spiritual culture were conducted in the research mythology. It concluded with the vivid points of the national mentality*

Keywords--*young people, spiritual culture, national mentality, Chulpon, literature, mentality*

I. INTRODUCTION

In recent years, unprecedented changes and positive changes have taken place in the history of our Motherland and in the lives of our people. It is an undeniable fact that along with the material wealth created in the development of every nation and every nation, the spirituality inherent in this nation has its own place. In this regard, determining the role of spirituality - spiritual culture in the development of each nation and nation is one of the most urgent tasks.

Our country and world philosophers have expressed many thoughts about the spirituality, its essence, the role of each individual and society. For example, one of the well-known philosopher A. Erkaev makes two assumptions about the essence and origin of the concept of spirituality:

1. Enlightenment - The word comes from the Arabic word "ma'na" as a term.
2. The term 'spirituality' may have been the basis of the concept of 'meaning' in Indian philosophy, or the concept of 'meaning' in Indian philosophy was to some extent based on the formation of the Arabic 'meaning'.

There are many definitions for the concept of spirituality and they are very diverse. In our view, the most important reason for the concept of spirituality is that it is a very comprehensive concept of spirituality.

Indeed, spirituality is a decisive factor in all aspects of human life and activity - it is an inner power that encourages and directs our every action as a value we practice.

The concepts of spirituality and spiritual culture are interrelated. True, spirituality has nothing to do with certain human actions, such as evil, hatred, theft, drug addiction. There is, therefore, another factor in controlling one's will and actions! If spirituality is the creative force that motivates people to do good, what is the power of evil and evil?

¹ Uzbek State University Of Physical Culture And Sport.,Uzbekistan, Tashkent region, Chirchik city

Enlightenment, writes A. Erkaev - a combination of human qualities such as spiritual culture, philosophy, ethics, law, literature and art, public education, the media, customs, traditions, and religious and religious practices - worship, worship, religious rituals and so on. k., religious literature, religious art and other historical and modern values. ”1

Another famous philosopher M. Imamnazarov says that spirituality cannot be explained in one word - that is, a definition that should have a specific meaning. In his view, "Since the Enlightenment is a holistic phenomenon, a theoretical study of it involves the consideration of the essence of the essence in various ways ..." 2.

Since ancient times, the concept of spirituality as a decisive and decisive factor in almost every sphere of the personality, nation, and people has attracted the wise men and philosophers.

II. METHODOLOGY

The concept of spiritual culture is widely used in scientific literature. The concept of culture is thought to have come from the Arabic word "Madina" - a city. Although the term culture is used extensively in philosophical literature, there is no single definition of the term culture. For example, the Western scientific literature contains more than three hundred definitions of the concept of culture.

Max Weber, a prominent figure in Western philosophy, describes culture:

“Culture is a valuable concept. We regard the empirical existence as a "culture", which we compare to ideas of value; culture embraces aspects of existence that are important to us by comparing them with the values mentioned above. ”4

Oswald Spengler, another philosopher who has left a mark on Western philosophy, connects culture with spirit.

“... Culture is the manifestation of a certain people's psyche. This is reflected in the unity of the way of life. ”5

While spirituality and culture are spiritually related, spirituality is not exactly the same. Because we understand spirituality as the highest virtue that calls for the good deeds of human psychology - the positive direction in their psyche. The spirit includes both positive and negative emotions and situations in the heart.

III. MAIN PART

We have outlined a few of the many ideas, concepts, and theories that have been mentioned above about spirituality. As has been said, there are many definitions of spirituality in philosophy. A characteristic of all of them is that they describe some of the qualities and aspects of spirituality. It is true that, as some researchers have pointed out, spirituality as an infinite multifaceted phenomenon does not fall into any definition or interpretation. So the task is not to describe the concept of spirituality, but to understand it. To understand spirituality is not to count its infinite qualities and qualities.

In our view, the interpretation, interpretation, and study of spirituality requires that the spirituality of the individual be taken into consideration, both individually and in the relationship between the social group, the people, and the nation. The research published today focuses more on the role of the social environment in shaping

the spirituality of individuals and social groups, people, and nations. However, each social group, people, nation, and nation is made up of individuals. A person is not just a social being but a biological one.

In our opinion, the roots of the spirituality of the individual and social group, people and nation are, first and foremost, linked to the roots of human spirituality, which is a biological being. The spirituality of a person is, first and foremost, connected with the human soul and spirit. Since good and evil are present in the human soul and spirit, we must study the spirituality of evil and evil, the opposite of it. Without this bunch our understanding of spirituality cannot be complete.

The philosophers of the 20th century have made tremendous advances in the study of the soul of the person - the soul.

The father of the science of psychoanalysis. Freud is considered. In his opinion, biological factors play a great role in the formation of the human psyche - libido. His students are K.T. Jung and Jericho Fromm have continued their creative work.

Especially E. Fromm by E. Freud's ideas reached their perfection - the classical level.

Well E. How did the person and the person, from the perspective of Fromm, be formed? Before speaking about the human psyche, E. Fromm talks about the nature of man. Who is the person who is contemplating the essence of man? How does it differ from other creatures? The answer is as traditional as the question is: The human being is different from the rest of his mind, he says. But unlike other philosophers, he does not consider the mind to be the key to happiness, the key to happiness:

"Man is an intelligent person: he is a self-aware life; he understands himself and others like himself, realizes his past and possible future. Understanding himself as a separate being, realizing the shortness of his way of life, being born against his will and dying against his will, realizing that his loved ones can die before or die before him, his loneliness and helplessness, his helplessness against the forces of nature and society. , - all of this will make his lonely and isolated life a real exile. "6

Therefore, the basic criterion that separates man from all other creatures is the intellect given to him. But the notion that intelligence is the source of happiness, and that the mind is only a factor of happiness, is not true. According to philosophers, man understands who he is, and how he is different from other beings and the whole world. The animal, however, does not fully separate itself from nature and the environment, but in a unique, interconnected relationship with nature. The development of the human mind allows it to survive in an alien environment, to fight for its reproduction. But this, that is, the attainment of the consciousness, the consciousness of the mind, means that man is the only creature that exists outside the existence, and that opposes the whole being. As a result, a person feels alienated, alienated, helpless, alienated from the existence. This creates anxiety, fear, anxiety. He wants to go back to his former state, to live in harmony with nature - to think of himself as a descendant of an animal, to imitate animals, to fabricate myths about a particular animal, and so on.

But the philosopher says that it is impossible to go back to the animal world, and that man can no longer feel alienated, lonely, and terrified only by his own natural and sensual reactions. The only way to feel like nature again is to love one another - to love nature, to live - and to live in harmony with nature - to feel alone with nature. Only those who are physically and spiritually mature can overcome all their loneliness, fear, and alienation, and love

nature and the people around them just as they are. Therefore, there is no other way than to realize the full potential of nature, which is to achieve perfection both physically and spiritually.

However, the path to achieving this supreme goal of man is not smooth and smooth

- There is no doubt that man will face great difficulties in this regard.
- What are the factors that can help a person achieve this high goal, and which obstacles will be hindered?

Philosophers have identified a number of factors that can make a person happy and prevent it. But since all of this is not our responsibility, we will be limited to summarizing the most important of them:

- Love for Life is the most important factor in happiness. The opposite is true - love of death brings misery.

The mother's personality is at the forefront of both factors. If a mother is a woman who loves life, enjoys the pleasures of life, rejoices and is thankful for everything, her character will be passed on to the child as well. On the contrary, a woman who is always sad, angry, and complaining about being married is one of those who love death. His character does not affect the child.

In addition, the father, his immediate relatives, and the community have the greatest influence on the formation of any of the above-mentioned traits in man. But none of them can be compared to motherhood.

- The second obstacle to becoming a successful person is to be addicted to narcissism. The origin of the term narcissism is related to the Greek myth.

It turns out that Narcissus is a very handsome young man who has been cursed for neglecting the love of the goddess and, as a result, died as a result of self-love.

Narcissism - self-indulgence - overestimating one's own power and potential, which ultimately leads a person to the wrong path and makes it difficult for him to interact with others. According to Fromm, nature actually gives everyone a certain amount of narcissism - self-confidence and self-love. Unless a person has a certain degree of narcissism, he or she will not be able to protect himself against the pressures of nature and society. Thus, narcissism is an essential tool for self-defense. However, excess of narcissism leads the person to the right path and prevents them from becoming perfect.

- Another obstacle to the spiritual maturity of a person is the disease of intestinal symbiosis. It is well-known that each person first of all feels himself as a representative of a particular family, tribe, nation, nation or nation. In ancient times, when social groups were relatively small, everyone knew himself to be the representative of his family and family, and the rest were strangers to him. Over time, social groups have grown, and tribes are replaced by people, nations, and nations. However, it is difficult for a person who has been diagnosed with a symbiotic disease to adapt to living in large social groups.

The essence of a symbiotic patient is that a child feels safe and comfortable in his or her mother's womb. That is, there is a close relationship between mother and child. Growing up in a healthy environment, the child goes through a series of stages (including the Edip Complex), and as he or she grows up, she loses control of her mother. That is, he becomes both a mother and a father to himself. In other words, he becomes his defender.

But under certain circumstances, separation from the mother - the process of becoming a parent is a failure. There are several reasons. First and foremost, psychology of the mother plays a key role in this. If the mother is too

ignorant or too loving, that is, if the father does not allow the child to be interrogated, the child's behavior will be violated.

According to the philosopher, a mother loves her child honestly, that is, does not impose any conditions on her. On the contrary, the father wants his child to be similar to himself, and he loves his child more. Motherly love teaches a person to love everyone equally, without separating others for good and for good. The father's love is based on the condition that if a son does what pleases him, he will love his son. In this way, a father teaches his son to be self-assured, to distinguish between right and wrong. In this family, a child raised by both father and mother, does not experience any psychological disorders, including symptoms of instinctual symbiosis. However, not all families need this kind of training. In some families, the father and the mother can be more effective. If a child is brought up in a strong family background, he or she will grow up to be demanding businessman but less affectionate towards himself and those around him. Conversely, a child who grows up in a family with a higher impact on a mother will grow up to be compassionate, wide-ranging, but desperate.

- So we see that there are contradictions in all of the factors that shape the human psyche: between narcissism (self-love) and the love of nature, with instinctive symbiosis, between the survival of the human spirit (biophilia) and the pursuit of death (necrophilia). There is an ongoing struggle between independence and freedom (which means that a person is free to make his own decisions).

If life, love of others, nature and independence prevail in the human psyche, such a person will be able to enjoy a clean, happy, and enjoyable life. On the contrary, in his psyche, when the love of death (necrophilia), narcissism, and instinctive symbiosis is strong, such a regression occurs

However, many of these characteristics are mixed in many people: the spirituality of a person is judged by which of these factors is superior to his or her psyche. It is not uncommon for people who have achieved all three positive qualities or have all three negative traits. In many cases, however, these features appear as a mixture.

Some people (we believe they are many) have more positive qualities - more spirituality, while some people have more negative traits - morale.

It does not change only those who are completely free of negative traits - spirituality (growth syndrome) or those who are completely sunk into negative traits (nausea, depression syndrome). A man who has reached the peak of spirituality - his mission in this world - never attains the peak of perfection. Also, a man who's drowned in misguidance will not change, according to Jericho Fromm.

Of course, you can argue with the philosopher about it. Because we believe in the spirituality of the representatives of the Islamic world and the human spirit in general.

IV. CONCLUSION

Islam believes that no matter what a person commits, he will have the opportunity to repent. That is to say, according to Islamic belief, there is a way to sin, and a reward and a right path. But this does not happen without the permission of Allah. It is up to Allah to guide the servant.

Of course, there is no consensus among Islamic scholars on this matter. Because it is a matter of destiny and it has not yet been decided on fate, either in the Islamic world or among secular scholars. In any case, the idea that a

person who has reached the climax of spirituality or who has sunk in the abyss will not change. But since this problem is beyond the scope of our goal, we think it is worth stopping here.

In addition, we cannot say that our knowledge of the human psyche is complete. (Maybe we can never say that). So far, we have been able to come to some conclusions by drawing on some of its characteristics rather than of the human psyche. We cannot draw conclusions on the general aspects of the human psyche based on these relative concepts.

REFERENCE

1. Erkaev A. Spirituality - the energy of independence. Tashkent - 1998. p. 19-20
2. Imomnazarov M. Drawings on the theory of national spirituality. T.- 1998. pp. 14.
3. Imomnazarov M. The perfect guardians of our national spirituality.
4. Weber M. Selected works. M.- 1990. 373-374 pp.
5. Spengler O. Sunset of Europe. M-1992. 31 pp. (Western Philosophy. T. - 2004. pp. 581.)
6. Fromm E. Art to love. In the book "The Soul of Man." M.- 1990. p. 114.
7. Rabghuzi. The story is Rabghuzi.
8. Erkaev A. Spirituality - the energy of independence. Tashkent - 1998. p. 75
9. Aesha, Shahela Tanveer , Sreeja. "Bisphosphonates-Osteonecrosis of Jaw." Systematic Reviews in Pharmacy 5.1 (2014), 1-3. Print. doi:DOI :10.5530/srp.2014.1.1
10. Gireesha, B. (2019). MATLAB/Simulink Based Design and Simulation of Square Patch Microstrip Antenna. Journal of Computational Information Systems, 15(1), 143-149.
11. HemaSree, P. (2019). Performance of different Feature descriptors for Recognizing Blurred Faces using Adaptive Sparse Regularization Restoration with LCDRC. Journal of Computational Information Systems, 15(1), 150-161.
12. Smith, J., Sebastian, J. Feeder Automation and its Reliability Assessment on the Basis of Cost Analysis for the Distribution of Feeders in Power System Planning (2017) Bonfring International Journal of Power Systems and Integrated Circuits, 7 (2), pp. 19-26.
13. Einstein, Young Generation of Frequent Itemset with Bit Stream Mask Search and Sparse Bit Mask Search (2017) Bonfring International Journal of Power Systems and Integrated Circuits, 7 (2), pp. 1-5.